

Omelets & Scrambles

Available til 11:00 am M-F, Noon on Saturday

Choose two: breakfast potatoes, sweet potatoes, ♥brown rice, sliced tomatoes, cottage cheese, non-fat plain yogurt, fruit, toast or muffin. Pastry upgrade for \$1.00 (Egg whites available on request)

Ben's	\$9.95
Green chilies, Jack cheese, sour cream & tomatoes	
Cindy's	\$9.95
Zucchini, broccoli, mushrooms, & Jack cheese	
Alex's	\$9.95
Ham, Jack cheese, avocado & salsa	
Joe's Special	\$9.95
Scramble of Italian sausage, fresh spinach, mushrooms and onions. Topped with fresh grated Romano	
Lox and Eggs	\$9.95
Sautéed red onions, bell pepper, fresh tomatoes and smoked salmon scrambled with eggs.	
Rosie's Tofu Scramble	\$9.95
(Can substitute eggs for tofu) Spinach, mushroom, zucchini, tomato, garlic and broccoli	
Plain or Build Your Own Omelet	\$8.25
Meats-ham, bacon, sausage, turkey, corned beef, ch'p lox \$1.00/ea Cheeses- Jack, cheddar, cream cheese, bleu cheese, Swiss, feta \$.75/ea Veggies & Sides – mushrooms, spinach, zucchini, bell pepper, broccoli, tomatoes, green chili, green onions, salsa, sour cream, pesto, grated Romano \$.50/ea	

Heart Healthy

Available til 11:00 am M-F; Noon on Saturday

Power Burst Breakfast	\$8.50
Six egg whites scrambled, cup fruit, sliced tomato, dry toast or a cup of oatmeal	
Cindy's Breakfast	\$7.95
Cup each of ♥ Oatmeal, fresh fruit and non-fat plain yogurt (or two eggs)	
♥ Lance's Ultimate Oatmeal	\$6.95
Topped with dried fruit medley, warm berry compote and caramelized walnuts. * Brown sugar, raisins, cinnamon and milk upon request	
♥ Whole Grain Yogurt Pancakes (3)	\$8.25
No fat, no sugar made with whole grains, fresh apples Served with a side of berry compote	
Short Stack (2)	\$7.00

Dinners

Available After 3 pm Wednesday thru Sunday
Includes 🍅 baked beans, 🍅 cole slaw & 🍅 cornbread

BABY BACK RIB DINNER	
Full Rack (12 bones)	\$19.95
Half Rack (6 bones)	\$12.95
½ CHICKEN & ½ RACK OF RIBS	
Full	\$19.95
Small Plate (¼ Chicken & ¼ Rack)	\$15.95
TRI-TIP DINNER	
Full	\$16.50
½ Plate	\$10.25
½ BBQ CHICKEN DINNER	
Full	\$12.50
½ Plate	\$ 8.50
BRISKET DINNER	
(Order lean or juicy)	
Full	\$12.50
½ Plate	\$ 8.50
PULLED PORK DINNER	
Full	\$12.50
½ Plate	\$ 8.50
BANG FOR YOUR BUCK	
Includes 2 half-size fixin'z & 🍅 cornbread	
Rib Teaser (3 Bones)	\$7.50
Chicken Teaser (All White Meat)	\$7.50
Cuz'nz Teaser (Sampler of All 5 Meats)	\$15.50

PLEASE CALL FOR PRICES ON
A LA CARTE MEATS & SIDE DISHES

Children's Menu \$4.75

All meals come with a beverage and fresh fruit, applesauce, finger salad or green salad

Breakfast (Served til 11 am; Noon on Saturday)	
One egg any style with choice of one: Potatoes, ♥brown rice, pancake, ♥oatmeal or toast (♥whole grain available)	
Three Fun Size Pancakes (♥whole grain available)	
🍅 French Toast (♥whole grain available)	
♥Oatmeal (with raisins, on request)	
Breakfast Burrito-egg, potato & cheese (♥whole grain avail)	
Bagel & Cream Cheese (♥whole grain or plain)	
Add one pork sausage or two pieces of bacon \$1.50	
Lunch (Served after 11 am; Noon on Saturday)	
Sandwiches available with ♥whole grain, egg, or herb bread	
Turkey Sandwich	Tuna Salad Sandwich
Grilled Cheese Sandwich	Chicken Caesar Salad
Chicken Soft Taco	Cheese Quesadilla
Grilled Chicken, ♥Brown Rice and Broccoli	
Mini-Burger (add a burger for \$2.50) *add cheese no charge!!	
Mac 'N Cheese	



Bistro

=== To Go

1559 Botelho Drive, Walnut Creek
(925) 930-0122

(In the Main Street Plaza, near the Ross store)

Mon-Tues	7am-3pm
Wed-Thur	7am-8pm
Fri-Sat	7am-9pm
Sunday	7am-8pm

(Sunday Brunch served til 3:00 pm - not all items on this menu are available and prices may vary)

Prices Subject to Change Without Notice -- January, 2009

OPEN FOR DINNER! **Wednesdays thru Sundays**

Featuring CUZ'NZ BBQ, full bar, beer on tap, tons of parking & flat-screen TVs
Private banquet room available!

Planning a party? Need to cater a meeting?

Sunrise Catering

1375 S. California Blvd, Walnut Creek
(925) 930-6323

Visit our website for our Specialty Menus:
Breakfasts, Buffets, BBQ and Box Lunches
Receptions, Jewish Cuisine and More!

www.SunriseBistroCatering.com

Sunrise Breakfast

Available til 11:00 am M-F, Noon on Saturday

We offer healthier options and are happy to substitute:
Whole grain options: ♥Brown rice or sweet potatoes for breakfast potatoes, ♥whole grain bread, ♥tortillas & ♥bagels
Dairy options: Egg whites, fat free plain yogurt, fat free cottage cheese, fat free & low fat or soy milk, low fat feta cheese

Two Eggs Any Style	\$7.95
With breakfast potatoes and toast Add pork sausage, bacon or Canadian bacon +\$2.00	
Corned Beef Hash	\$9.95
Sauté of corned beef and breakfast potatoes, topped with two poached eggs and served with toast	
Richard's Special	\$10.95
Two eggs (any style), two pancakes with warm berry compote and your choice of pork sausage, bacon or Canadian bacon Substitute ♥Yogurt pancake or French toast for \$1.00	
🍅 Cheese Blintzes (our own recipe)	\$9.50
Three fresh crepes filled with farmer's cheese, sugar and eggs. Served with warm berry compote and sour cream	
Potato Pancakes (Latkes)	\$8.95
Potatoes, onions, spices, eggs and matzo meal Served with sour cream and house-made applesauce	
🍅 Bistro Pancakes (3)	\$7.00
Served with warm berry compote Short Stack (2) \$6.00	
🍅 French Toast	\$7.95
Fresh eggs, milk, sugar, cinnamon and vanilla; with side of berry compote	
Gabe's Salsa Eggs	\$9.95
Sautéed fresh tomatoes, onions, peppers and mushrooms with two poached eggs and with Jack cheese...It's wonderful! Served with breakfast potatoes and toast	
South of the Border	\$9.50
Chicken breast, black beans, two eggs (any style) on corn tortillas topped with Jack and cheddar cheese, avocado, cilantro & a side of salsa	
Breakfast Burrito	\$8.95
Bacon, breakfast potatoes, cheese and eggs in a flour or ♥whole grain tortilla. Salsa, guacamole & sour cream on the side	
Lox, Bagel & Cream Cheese Platter	\$10.50
Capers, tomatoes, red onions, pickles, Calamata olives & seasonal fruit	

Sunrise Salads

- Smoked Chicken Breast Salad** \$9.95
Black beans, green onion, tomato, cucumber, cheddar cheese, jicama and 🍷BBQ sauce
- Cobb Salad** \$9.95
Chicken, bleu cheese crumbles, bacon, egg, mushroom and avocado on a bed of fresh greens served with bleu cheese dressing
- Thai Chicken (or Tofu) Salad** \$9.95
Sliced chicken breast, steamed vegetables and ♥noodles tossed in a 🍷sweet soy dressing, topped with cilantro and sesame seeds on a bed of fresh greens
- Tri-Tip Salad** \$9.95
Caramelized onions, bleu cheese, bacon bits, tomatoes & cucumbers
- Salad Nicoise Tuna or Chicken** \$9.95
Fresh steamed vegetables, red potatoes, egg, tomatoes, red onions, olives & herb dressing
- Sub Poached Salmon or Bay Shrimp** add \$2.00
- Cashew Chicken Salad** \$9.95
Apples, celery, mayo on a bed of steamed veggies and herb dressing
- Chicken and Roasted Veggie Salad** \$9.95
Fresh greens on a ♥whole grain tortilla served with fresh salsa

Lighter House Specialty Salads

Add Grilled Chicken, Poached Salmon
Or Bay Shrimp for \$2.25

- Garden Salad** \$8.25
Beets, eggs, carrots, cheddar, artichoke, garbanzo and kidney beans
- Caesar Salad** \$8.25
House-made Caesar dressing, Romano cheese & croutons
- Hearts of Romaine Salad** \$8.25
Crumbled bleu cheese, caramelized nuts, Fuji apples and 🍷non-fat raspberry dressing
- Bowl of Homemade Soup and Salad** \$7.95

Items on this page available after
11:30 a.m. – Monday thru Saturday
Brunch Served until 3 pm Sunday – Please Ask for Menu

Hot Sandwiches

Served with house-made potato salad, pan-fried potatoes seasonal fruit or garden salad*. Add soup for \$1.00

- Smoked Pulled Pork** \$9.25
Topped with cole slaw and 🍷BBQ sauce
- Classic Reuben** \$9.95
Corned beef with imported Swiss, sauerkraut and 🍷Thousand Island dressing grilled lightly on marble rye
- Virginia Baked Ham & Cheese** \$9.95
Grilled ham with Swiss & spicy mustard on whole wheat
- Brisket (Order lean or juicy)** \$9.25
Topped with caramelized onions and 🍷BBQ sauce
- Bistro French Dip** \$9.95
Roast beef or turkey, grilled onions, Jack & au jus on ciabatta
- Smoked Chicken Sandwich** \$9.95
BBQ sauce, mayo, lettuce, tomato & red onion
- The Melted Way (Fancy Grilled Cheese)** \$9.25
Jack, cheddar, avocado, lettuce, cucumber and tomato on herb
- Tri-Tip Sandwich** \$9.95
🍷BBQ sauce, mayo, lettuce, tomato & red onion
- Grilled Tuna Sandwich** \$9.25
Grilled cheddar cheese sandwich with tuna salad, lettuce and tomato on herb bread

Gourmet Bistro Burgers

\$9.95

Served with house-made potato salad, pan-fried potatoes seasonal fruit or garden salad*. Add soup for \$2.00

Choose fresh ground beef or turkey patty,
Lettuce, tomato, pickle and house-made bun

- Fiesta:** guacamole, jack and green chilies
- Patty Melt:** grilled onions & Swiss on sliced rye
- Hickory:** bacon, cheddar and Cuz'nz BBQ sauce
- The Bleu:** bacon and bleu cheese crumbles
- Cheeseburger:** mushrooms, peppers, onions & cheddar cheese

Take the "Healthy Eating Challenge"!

♥ Denotes at least 3 grams of whole grain fiber/100 calories

🍷 Denotes sugar in the first 3 ingredients

*We will gladly substitute the following "Healthy Options" for any of our regular sandwich sides:

♥ Brown rice, sweet potatoes, black beans, or roasted veggies

Cold Sandwiches

Served with house-made potato salad, pan-fried potatoes seasonal fruit or garden salad*. Add soup for \$1.00

- Jo's Delight** \$9.95
Roasted turkey, cream cheese, walnuts with lettuce, tomato; choice of 🍷cranberry or avocado on herb bread
- Bacon, Lettuce, Tomato & Avocado** \$9.50
All of the above with mayonnaise on toasted herb bread
- Roasted Turkey** \$9.50
Roasted turkey, lettuce, tomato, mayo on egg bread
- The Creekside** \$9.50
Fresh roasted turkey, ham, avocado, mayonnaise, lettuce and tomato ♥whole grain bread
- Bistro Club** \$9.95
Bacon, avocado, turkey, lettuce, tomato and mayonnaise on herb bread
- California Chicken Salad Sandwich** \$9.50
Apples, celery, cashews, mayo, tomato & lettuce on herb
- Carol's Tuna Sandwich** \$9.25
Tuna, dill, celery and mayo
- Nature's Way "Vegetarian"** \$9.25
Cream cheese, jack, cheddar, tomatoes, cucumbers, carrots, mushrooms, avocado and lettuce on ♥whole wheat
- 1/2 Sandwich** \$6.95
Choice of any cold sandwich (the Club add \$.75)

Sunrise Entrées

Comes with fresh fruit or a green salad
Add cup of homemade soup \$1.00

- Fresh Baked Quiche (2 choices)** \$8.95
Broccoli & cheddar or spinach & bacon

Bistro Fiesta

All of the following items come with sour cream, guacamole and salsa; ♥whole wheat tortillas available

- Chicken or Pulled Pork Soft Tacos** \$9.75
Onions, bell peppers, lettuce and cheese wrapped in two warm corn tortillas.
- Chicken or Pulled Pork Quesadilla** \$9.95
Flour tortillas filled with grilled chicken, bell peppers, onions, Jack and Cheddar cheese.
- Chicken or Pulled Pork Burrito** \$9.95
Grilled chicken, black beans, ♥brown rice and cheese
- Vegetarian Burrito** \$8.25
Spinach, broccoli, zucchini, black beans, ♥brown rice & cheese (sub tofu for cheese n/c)

Cindy's Special

All entree's come with a side of our house salsa
(Non-fat yogurt dill sauce on request)

Entrée (approx. 4 oz cooked, add extra 4oz for \$4.00)

- Grilled Chicken Breast** \$10.95
- Smoked Chicken** \$10.95
- Tri-Tip** \$11.95
- Poached Salmon** \$11.95
- Pulled Pork** \$9.95
- Brisket (lean)** \$9.95
- Ground Beef Patty** \$9.95
- Natural Ground Turkey Patty** \$9.95
Minced bell peppers & scallions, grilled
- Extra Firm Low Fat Organic Tofu** \$9.95
Steamed or Grilled

Cindy's Special includes your choice of 3 sides:

Mixed Field Green Salad

with tomatoes and carrots

Mixed Seasonal Fruit

Melon, pineapple and grapes

Roasted Seasonal Vegetables (spray of extra virgin olive oil)
Mushrooms, zucchini, carrots, broccoli, bell peppers and onions

Steamed Vegetables

Broccoli, bell pepper, cauliflower and carrots

♥Steamed Brown Rice

Sweet Potatoes -- steamed or grilled

Black Beans

Non Fat Plain Yogurt

Non Fat Cottage Cheese

From Our Own Bakery

- 🍷Lemon Bars, Brownies or Cookies \$2.00
- 🍷Apple Strudel or Bread Pudding \$3.95
- 🍷Red Velvet or Coconut Cream Cake -slice \$3.95
- 🍷Chocolate Fudge Pie -slice \$3.95
- 🍷Muffins Blueberry, Raspberry, Banana Nut, Apricot, ♥Oat Bran \$1.80
- 🍷Sweet Rolls & Buns Cinnamon Rolls, Plain Croissants Morning & Pecan Buns \$2.00
- Scones ♥Non-Fat Power, Blueberry, Raspberry, Chocolate \$2.00
- 🍷Snack Breads Zucchini, ♥low-fat Banana-Chocolate Chip, Coffee Cake, and Carrot-Raisin \$2.25
- Stuffed Croissant** 🍷Chocolate or Vegetarian \$3.50
- Stuffed Meat Croissants** \$4.00
Ham & Cheese, Turkey & Jack, or Sausage & Spinach